

To Fourth grade parents: If your child is planning to participate in 5th grade sports at the middle school, please be aware that **a physical examination is required of all student athletes** as a condition of participating. Fifth graders can participate in individual sports such as **track, cross country running, nordic skiing, and alpine skiing**

ONLY ONE physical examination is required during the years at the middle school:

**Physical examinations MUST BE DONE AFTER April 30,
to be accepted for fall sports.**

The school nurse may request a doctor's statement of health when needed.

Please feel free to contact the school nurse's office at 207-935-2401 Ext. 1248 if you have any questions.

Forms are available at school, Superintendent's Office,
or www.msad72.org/nurse or <http://moms.msad72.org/sports>