

From the District School Nurse-Nancy Boucher

Please review the following reminders and announcements: Thanks!

Vision and Hearing Screenings will be done on students in K, 1, 2, 3, 5 & 7.

I need to be able to reach a parent if an emergency happens concerning your child. Your contact information **must** be up to date and working.

Medications to be administered at school require written parent permission. Verbal requests are not accepted.

Controlled medication must be brought in by a designated adult to school.

Be sure inhalers or any other medications being sent into school have not expired.

For a student to carry his/her inhaler or Epi Pen, call me to complete the necessary contract.

All students need to come to school clean, free of odor and in appropriate clothing.

Your child should stay home if sick with a fever for at least 24 hours after your child has no fever without using fever-reducing drugs.

If your child has been vomiting he/she should not come to school until no vomiting has occurred for a 24 hour period.

Your child should be getting no less than 8-10 hours of sleep.

If your child is ill or injured and needs to go home, you need to have a backup plan if you are not able to come yourself. Having the child wait for a ride home for long periods of time is unacceptable.

The School District will be providing Seasonal Flu Vaccine Clinics during the school day in October. Specific flu vaccine clinic dates are included in this newsletter.

I will also be offering Dental Hygiene Service Clinics the last week of September. These dental clinics are for students that have, 1. MaineCare Insurance, 2. No dental insurance, 3. Underinsured, 4. Self-pay for students who have not received a cleaning within the past 6 months.

Contagious conditions (i.e., impetigo, pink eye, etc.) require medical treatment for 24 hours before returning to school.

If your child is going to be absent or tardy, you must call your child's school to account for the absence/tardy. Frequent absences/tardies will be questioned and addressed.

Bus Rule – No Eating or Drinking on any Bus.

School Board Policy – NO Animals are allowed in the schools or on school property without the consent of the building principal.

Maine State Laws:

Bike helmets are required for children under 16 years of age.

Smoking is prohibited in vehicles when minors under the age of 16 are present.

Babies and children weighing less than 40 pounds must ride in a federally approved, properly secured car seat; children who weigh at least 40 pounds but less than 80 pounds and are less than 8 years of age must be properly secured in a federally approved child restraint system. A child 8 years of age but less than 18 years of age (& more than 4 feet, 9 inches in height) needs to be properly secured in a seat belt. Children less than 12 years of age and who weigh less than 100 pounds need to be secured in the **rear** seat of a vehicle.