

SPORTS REQUIREMENT

Physical Examinations are required of all student athletes as a condition of participating in a competitive sports program sponsored by M.S.A.D. No. 72 per the District Policy as printed below.

If your child is planning to participate in sports at the middle school, please be aware that a **physical examination is required of all student athletes** as a condition of participating. Fifth graders can participate in individual sports such as **track, cross country running, nordic skiing, and alpine skiing**

ONLY ONE physical examination is required during the years at the middle school:

**Physical examinations MUST BE DONE AFTER April 30,
prior to the student's current grade year to be accepted.**

The school nurse may request a doctor's statement of health when needed.

The physical examination form should be taken to your choice of medical providers and **returned to the school nurse at the above address (or FAX) before your child may participate in a competitive sport.** The physician's physical form is also acceptable.

In addition, the MOS "***Sports Permission Form***" is required. It will be provided **after** your child has signed up for a sport. This form, which will be completed for every sport your child plays, and provides us with several things - permission to play, emergency information, and a health update.

Your child cannot participate in a sport until all necessary paperwork has been completed.

Please feel free to contact the school nurse's office at 207-935-2401 Ext. 1248 if you have any questions.

Forms are available at school, Superintendent's Office,
or www.msad72.org/nurse or <http://moms.msad72.org/sports>

Policy for PHYSICAL EXAMINATIONS

FILE CODE: JJID

A physical examination is required of all student athletes as a condition of participating in a competitive sports program sponsored by the school. After the first year of participation, submission of an interim health history will be sufficient for continued participation except that the school nurse may require further medical consultation for conditions deemed to pose a potential risk to the student or to others.

The physical examination is a responsibility of the individual family and is to be reported on appropriate forms to be provided by the school nurse. The examinations may be done by a **licensed medical doctor, doctor of osteopathy, nurse practitioner, or physician's assistant.**

Adopted: 12/8/93

Reviewed: 12/9/98